

EMDR Intensive Research

How do we know this works? Let the research tell ya!

<https://www.tandfonline.com/doi/full/10.1080/20008198.2020.1721142>

<https://www.frontiersin.org/articles/10.3389/fpsyg.2018.01458/full>

<https://connect.springerpub.com/content/sgremdr/11/2/84.abstract>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6041781/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9553174/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5804727/>

<https://www.nature.com/articles/s41598-022-21246-9#Abs1>

<https://www.ticti.org/economic/>